

Wallenpaupack Area School District Wellness Committee Meeting

Thursday, August 29, 2019

3:00 pm-District Office

Meeting Summary

- New members of the Wellness Committee were welcomed (Kevin Kromko, North Primary Principal and Robin Skibber, Registered Dietician). Two Dietetic Interns who are working with Robin Skibber were also in attendance.
- Brenda Zeiler discussed the Administrative Review of our Wellness Program, which was completed in the 2018-2019 school year. Updating our Wellness Policy was suggested by the Pennsylvania Department of Education. The revised Wellness Board Policy was approved on December 5, 2018.
- The Wellness Policy Assessment Tool and Report Template was reviewed by the committee with the following discussion points:
 - A Wellness link was created on our district webpage to better educate our community stakeholders.
 - A suggestion was made to add the current Wellness Committee members to the webpage. Keith Gunuskey reported that he would have the members added to the webpage.
 - Maria Miller suggested that we email staff of the numerous after-school programs being offered to our students, which include providing meals for the participants.
 - Robin Scartelli reported that the North Intermediate School would like to have more bottled water options for staff and students.
 - Keith Gunuskey questioned the use of the hand sanitizer dispensers in each building. It was reported that the dispensers are still in use in each building.
 - Laura Ragonese suggested that we remind faculty and staff of the food-focused fundraising regulations.
 - Health and Physical Education teachers requested in-service time to align their curriculum, as the High School is going to be integrating a nutrition unit into their health classes.
 - Angela Franko suggested incorporating a few stretching exercises into the daily morning TV program.
 - It was suggested that we include mental health topics with “other school-based wellness activities,” such as vaping, opioid use, drug and alcohol use, and suicide prevention?

- Mr. Gunuskey reported that Mr. Theobald is creating a template for all buildings to use for their future safety/wellness committee meetings. The template will help focus discussions in an effort to ensure compliance with our District Wellness Policy.